



# YOUTH BOYS AND GIRLS RECREATIONAL LACROSSE



## Asheville Empire Lacrosse Boys and Girls Ages 4-7

The Asheville Empire Lacrosse Club offers youth lacrosse for both boys and girls. Looking to give lacrosse a try? Come to Launch on Wednesday Evenings February 8th through March 22nd. **REGISTRATION IS REQUIRED.** No equipment needed as this is a beginner program for boys and girls to learn the very basics while playing fun and competitive games. Contact [coachhumphreys@asevhilleempire.com](mailto:coachhumphreys@asevhilleempire.com) or register @ [ashevilleempire.com](http://ashevilleempire.com)