



LACROSSE ACADEMY



Josh Schwartz, Asst.
Coach Christ School



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Asheville Empire Lacrosse has partnered with the Christ School Coaching Staff, lead by Assistant Coach Josh Schwartz to offer an Academy Program for all boys looking to take their games to the next level.

September 13th - October 18th Wednesday Evenings

Boys 3rd through 12th Grade- @Christ School, Arden, NC 5:30pm-7:30pm

ALL POSITIONS WELCOME!!

This Academy is designed to hone the fundamental skills necessary on the lacrosse field. These sessions will be high energy, fast paced, and detail-oriented with instruction delivered by the Christ School Coaching Staff alongside Empire Coaches. Each session will be filled with progression-based skills and drills for all positions leading into fun and competitive games where the learned skills can be applied.

Contact: ashevilleempirelacrosseclub@gmail.com

Cost: \$200 Register: www.ashevilleempire.com